GET WELL: Methamphetamine & Suicide Prevention Initiative

The MSPI team will provide targeted therapy and active case management to all Native youth who present with a behavioral health need. The Psychologist and Counselor will schedule weekly counseling sessions with Native youth according to their needs, and will use a targeted treatment plan to help youth return to a healthy behavioral state. The Psychologist and Counselor will schedule regular talking circles and group sessions, along with the MSPI Project Manager and Project Coordinator using culturally appropriate curriculum that are evidence based.

To complement the individual and group sessions, the Psychologist and Counselor will host or facilitate quarterly trainings with other program staff that interact with Native youth. These trainings will provide the staff members with the skills needed to spot the early warning signs of substance abuse experimentation and self-harm behaviors.

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