



# GETTING STARTED WITH CPN CARE

CPN Care is a powerful new telehealth program built specifically for Citizen Potawatomi Nation and offers 24/7 access to quality healthcare by phone at no cost to you or your family!

## SERVICES INCLUDE:

**General Telemedicine | Life Assistance | Pharmacy Discount Services**

## YOU MUST COMPLETE THESE STEPS TO USE CPN CARE

### 1. Activate your benefit

- Login to the CPN member portal
- Click on the 'Tribal Rolls' box
- Confirm that your information is correct
  - Name
  - Address
  - Date of birth
  - Gender
  - Phone and email
  - District
- Click on the 'CPN Care Activation' button under the 'Actions' section
- Check the two boxes and click 'Activate the CPN Care Benefit'
- Once submitted, the benefit will be activated in 24-72 hours and you will be notified via email. The email will be sent to the address you entered on the Tribal Rolls page.



### 2. Download the app

- Visit [qrco.de/cpn-care](http://qrco.de/cpn-care) or search for 'AllyHealth' in either the Apple or Google app stores to download the AllyHealth app.

### 3. Register your account

- Open the AllyHealth App
- Click the 'Create Account' button
- Click the 'Primary Member Registration' button
  - Ignore the QR code scan unless you have one to scan.
  - If you are unable to register through the app, call **888-565-3303** or email [support@allyhealth.net](mailto:support@allyhealth.net) for help.
- Enter the last name, DOB and zip you used when activating your benefit
- Once your account is found, complete the remaining steps
- Once completed, you can login and use the CPN Care benefit



### 4. Complete your medical history

Provide some basic medical information, such as:

- Whether you are taking any medications
- Do you have any allergies or preexisting conditions
- Have you had any medical procedures

### 5. Add dependents under 18

- Tap the more icon in the bottom right
- Tap 'Family & Dependents' under the 'My Account' section

**HAVE QUESTIONS? NEED HELP?**

Please call **888-565-3303** or email us at [support@allyhealth.net](mailto:support@allyhealth.net)